

Guidelines for conducting Bhajans by Bhagawan Sri Sathya Sai Baba



'BHAJAN' or 'NAAMSAMARNA' means group devotional singing of the glory of god. When and wherever his glory is sung, he is always there. Unless you sing bhajans for your own ecstasy, you cannot bring joy to others, thus preventing them from sharing 'ANANDA' i.e. bliss. With each bhajan sung the mind must be rendered purer, free from passion and stronger in faith.

In this 'KaliYuga' the remembrance of the lord's name is enough to win his grace and attain liberation from the cycle of life and death.

1. Everybody should be seated a few minutes prior to start of the bhajan.
2. Men should sit on one side of the prayer hall and women on the other.
3. Bhajan leader and instrumentalists must be seated in the front few rows.
4. Devotees arriving late must not disturb those already seated. They must quietly seat themselves behind the already seated devotees.
5. Do not look around greeting one another, nor talk during the bhajan.
6. Maintain perfect silence and restrict your movements to a minimum while sitting in the prayer hall.
7. Sing sweet, familiar and devotional bhajans in any language which can be understood and sung by other devotees.
8. Musical instruments used during bhajans should not drown the voices of the singers and those who follow, thus maintaining a balance between the instruments and singing.
9. Do not clap out of tune.
10. Do not monopolies the time in bhajans by singing one bhajan for six or ten minutes repeating the same lines again and again.
11. Bhajans should be sung in two speeds: slow and fast. In the slow speed, sing each line twice and, in the fast speed only once except the last line which should be sung twice to signal the conclusion of the bhajan.

Keep devotional songs as simple as you can, without competitive pomp or show. When you sing devotional songs, dwell on the meaning of the songs, and the message of each name and form of God, and roll on your tongue its sweetness. Bhajans are best held on Thursday evenings and Sunday evenings - but that is no unbreakable rule, for it is not the day that counts. It is the heart that must be ready and eager to sing the joy and share it. Share aloud the glory of God and charge the atmosphere with divine adoration. Think of it as a part of spiritual training to be taken seriously for reducing the attachments to fleeting objects, for purifying, and for liberating you from the circle of birth, death, and consequent misery.

Sathya Sai Baba

Bhagawan Sri Sathya Sai Suprabhatham

*Easwaramba Suthah Shreeman
Poorvaa Sandhyaa Pravarthathe
Utthishta Sathya Sayeesha
Karthavyam Daivam Aanhikam*

O Son of Easwaramba ! O Resplendent Majestic One ! Dawn is heralding in the East. The daily tasks of Divinity which Thou hast undertaken has to be accomplished, therefore, awake, O Lord Sathya Sai!

*Utthishtotthishta Partheesha
Utthishta Jagadheepatheey
Utthishta Karunapoorna
Loka Mangala Siddhaye*

Awake, Awake, O Lord of Parthi! O Lord of the entire Universe and Mankind ! Awake, O Compassionate Lord! So that the world attain auspiciousness, happiness, prosperity, welfare and blessings.

*Chitraavathi Thata Vishaala Sushaantha Soudhey
Thishtanthi Sevaka Janaah Thava Darshanaartham
Aadhithya Kaanthiranubhaathi Samastha Lokaan
Sri Sathya Sai Bhagawan Thava Suprabhatham*

In the vast Mansion, full of bliss and tranquility, (Prashanthi Nilayam) on the banks of the river Chitravathi, those anxious to serve Thee are waiting for Thy Darshan. The radiance of the Sun is illumining the World. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

*Thwannaama Keerthana Rathaah Thava Divya Naama
Gaayanthi Bhakthi Rasa Paana Prahrushta Chiththaah
Daathum Krupaasahitha Darshanamaashu Thebhayah
Sri Sathya Sai Bhagawan Thava Suprabhatham*

Devotees engrossed in singing Thy Glory are happy and blissful, when they taste the nectar of devotion. Kindly shower Thy Grace by granting them Thy Darshan. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

*Aadhaaya Divya Kusumaani Manoharaani
Sreepaada Poojana Vidhim Bhavadanghri Mooley
Karthum Mahotsukathayaa Pravishanti Bhakthaah
Sri Sathya Sai Bhagawan Thava Suprabhatham*

Bringing holy flowers with captivating colors and fragrance, for worshipping Thy Lotus Feet, in the form as prescribed by the scriptures, Thy devotees are coming in, with great yearning and enthusiasm. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

*Desaantharaagatha Budhaah Thava Divya Moorthim
Sandharshanaabhirathi Samyutha Chiththa Vruthyaa
Vedoktha Manthra Pathanena Lasanthyajasram
Sri Sathya Sai Bhagawan Thava Suprabhatham*

Wise persons from distant countries, moved by yearning to have Thy Darshan, have come and they are having great delight in reciting constantly mantras of the Vedas. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

Shruthva Thavaadbhutha Charithram Akhanda Keerthim

Vyaaptham Diganthara Vishaala Dharaathalesmin

Jignaasu Lokaupathishtathi Chaasramesmin

Sri Sathya Sai Bhagawan Thava Suprabhatham

Hearing Thy marvellous tales and fame that has reached the farthest horizons, earnest seekers of Reality have come to this place and are waiting. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

Seetha Sathee Sama Vishuddha Hridhambu Jaathaah

Bahvanganaa Kara Gruheetha Supushpa Haaraah

Sthunvanthi Divyanuthibhih Phani Bhushanam Thwaam

Sri Sathya Sai Bhagawan Thava Suprabhatham

Women devotees, whose (petals of) heart are unattached to the world like Lotus petals (which are unattached to the water in which they grow, even though they cannot survive without water) and are similar to Mother Seetha in virtues and piousness are singing Thy Glory - the Glory of Lord Shiva adorned with Serpent around His neck - through holy hymns holding excellent flower garlands in their hands. O Lord Sathya Sai! Blessed by Thy wakefulness, we pray for an auspicious day.

Suprabhatham Idam Punyam Ye

Patanthi Dine Dine

Tey Vishanthi Param Dhaama

Jnaana Vijnaana Shobhithaah

Whoever daily recites this morning awakening Hymn will attain the Highest Abode resplendent with the Supreme intelligence as well as Supreme wisdom.

Mangalam Guru Devaaya

Mangalam Jnaana Dhaayine

Mangalam Parthi Vaasaaya

Mangalam Sathya Saayine

May the divine Guru be auspicious to us; May the Bestower of wisdom be auspicious to us; May the Lord, Who manifested in Parthi be auspicious to us; May Bhagawan Sathya Sai Baba be auspicious to us.

MORNING PRAYER

*Karaagre Vasate Lakshmi
Kara Madhye Saraswathi
Kara Moole Sthita Gauri
Prabahate Kara Darshanam*

Meaning: [This is to be recited in the morning as soon as we get up from the bed and has to be chanted looking at the palm of our hands]. On the tip of my fingers resides Lakshmi, the Goddess of prosperity and wealth. In the middle of my hands is Saraswathi, the Goddess of knowledge and learning. In the palm of my hands sits Mother Gauri, the Goddess of protection. Visualizing in this manner, I take darshan of my hands every morning.

NIGHT TIME PRAYER

*Kara Charana Kritham Vaak Kaayajam Karmajam Vaa
Sravana Nayanajam Vaa Maanasam Vaa Aparadham
Vihitham Avihitham Vaa Sarvometat Kshamasva
Jaya Jaya Karunaabdhe Sri Maha Deva Shambho*

Meaning: [This is to be recited in the night before going to bed]. Oh Lord, please forgive me for all the wrong actions that I have committed with my hands, feet, speech, body, ears, eyes and mind. Please pardon me for all the wrong actions that I have done knowingly or unknowingly. Victory to You, oh Lord of compassion and mercy.

GAAYATHREE MANTRA

*Om Bhur Bhuva Svaha
Tat Savithur Varenyam
Bhargo Devasya Dheemahi
Dhiyo Yonah Prachodayat*

Meaning: We meditate on that most adorable, most desirable and most enchanting luster (effulgence) of our supreme Lord, who is our creator, inspirer and source of eternal Joy. May this light inspire and illumine our intellect (and dispel the darkness).

[Word Meaning: *Aum*: The primeval sound (from which all sounds emerge); *Dheemahi*: We meditate upon; *Varenyam*: the most adorable, most desirable or most enchanting; *Bhargo*: luster or effulgence; *Tat*: of that; *Devasya*: supreme (Lord); *Savitur*: from whom all creations emerge (also means the Sun God who is our life source); *Bhur*: who is our inspirer; *Bhuvah*: who is our creator; *Svaha*: who is the abode of supreme joy; [*Bhur*, *Bhuvah* and *Svaha* are also considered to

mean three *lokaas* or worlds namely Heaven, earth and lower worlds]. *Yo*: May this light; *Prachodayaat*: inspire/illumine; *Naha*: our; *Dhiyo*: intellect (activities of the intellect)]

SARVA DHARMA PRAYER

*Om Tat Sat Sri Narayana Thoo, Purushotthama Guru Thoo
Siddha Buddha Thoo, Skanda Vinaayaka, Savitha Paavaka Thoo Brahma Mazda Thoo,
Yahva Shakthi Thoo, Esu Pitha Prabhu Thoo; Rudhra Vishnu Thoo, Ramakrishna Thoo,
Rahim Tao Thoo Vasudeva Go Viswaroopa Thoo, Chidaananda Hari Thoo Advitheeya
Thoo, Akaala Nirbhaya Aatmalinga Shiva Thoo*

Meaning: Om Thou art that, Thou art Narayana, God in the form of man; Thou art the Embodiment of perfection and the perfect master. Thou art enlightened Buddha; Thou art Subramanya and Ganesha, the remover of obstacles; Thou art the Sun-fire Thou art Brahma, the Creator; Mazda, the Great One; Thou art Jehovah and the Divine Mother, the creative Energy. O Lord! Thou art the Father of Jesus. Thou art Rudhra, the Transformer, and Vishnu, the Preserver; Thou art Rama and Krishna; Thou art Rahim, all kindness, always giving and expanding; Thou art the Tao. Thou art Vasudeva, the Sustenance of all, omnipotent and omnipresent; Thou art Hari, Destroyer of illusion, the blissful Spirit. Thou art unparalleled, beyond time and fearless of adversities; Thou art Shiva, Creator of the lingam, Symbol of the formless Absolute.

ARATHI - PRAYER

“Aa-rathi” is a Sanskrit word meaning “The Close”. “Aa-rathi” is the prayer song sung at the close of each Bhajan session. The “Aa-rathi” at the close of Sai Bhajans is really of profound significance. The camphor flame has itself has been endowed by Bhagavan with the value and validity of a grand prayer, the culmination of the hour-long yearning of all devoted hearts. Bhagavan says, “While it is being waved pray - O Lord! Make the allotted span of my life as pure, as fragrant and as transparent as camphor; let it consume itself in the fire, scattering light and the warmth of love to all around me and at the end of it all, let there be nothing left of me (as the camphor leaves no ashes or residue) to render me liable to another sojourn amidst pleasure and pain”. This is the prayer with which every session of homage to Sai can appropriately close.

*Om Jaya Jagadheesa Harey
Swami Sathya Sai Harey
Bhaktha Jana Samrakshaka
Bhaktha Jana Samrakshaka
Parthi Maheshwara
Om Jaya Jagadheesa Harey*

Victory to Lord of Universe, Lord Sathya Sai, Who destroys grief, evil and miseries of life and Who guards and protects devotees. Victory to Lord of Lords - Lord of Parthi

*Sashi Vadhana Sree Karaa Sarva Praana Pathey,
Swami Sarva Praana Pathey
Aasritha Kalpa Latheeka
Aasritha Kalpa Latheeka
Aapadh Baandhavaa
Om Jaya Jagadheesa Harey*

O Graceful and Charming as a Full Moon ! O Auspicious One ! O Lord Sai! Thou art the Indweller and life-force of all Beings; the wish- fulfilling Divine creeper to those who have surrendered to Thee; and kinsman, protector and friend in times of distress and calamities. Victory to Lord of Universe.

*Maatha Pitha Guru Dhaivamu Mari Anthayu Neevey
Swami Mari Anthayu Neevey
Naadha Brahma Jagan Naatha
Naadha Brahma Jagan Naatha
Naagendra Shayanaa
Om Jaya Jagadheesa Harey*

O Lord Sai! Thou art Mother, Father, Noble Teacher, Supreme Divinity and everything to us. O Lord Universe! Thou art Primeval Sound and art reclined on coiled serpent.

Omkaara Roopa Ojaswi Om Saayi Mahadeva
Sathya Saayi Mahadeva
Mangala Aarathi Anduko
Mangala Aarathi Anduko
Mandhara Giridhari
Om Jaya Jagadheesa Harey

O Splendorous One ! O Lord of Lords - Lord Sai ! Thou Form is Pranava.
We pray Thee to accept the auspicious waving of flame of light (signifying
the removal of ignorance). Victory to Thee, O Lord of Universe, Resident
of Mandhar mountain - Lord Giridhari.

[Sing the following three times, each time at a faster pace than the previous one]

Narayana Narayana Om
Sathya Narayana Narayana Narayana Om
Narayana Narayana Om
Sathya Narayana Narayana Om
Sathya Narayana Narayana Om
Om Jai Sad Guru Devaa

Chant the name of Lord Sathya Sai Narayana, Whose Form is Pranava.
Victory to Noble Teacher and Supreme Lord Sai, Sathya Sai.

VIBHUTI MANTRA

Paramam Pavithram Baba Vibhuthim
Paramam Vichithram Leela Vibhuthim
Paramaatha Ishtaatha Moksha Pradhaanam
Baba Vibhuthim Idham Asrayami

Meaning:

I take refuge in the supremely sacred Vibhuthi of Lord Baba, the
wonderful Vibhuthi, which bestows salvation, the sacred state which I
desire to attain.

FOOD PRAYER

Brahmaarpanam Brahma Havir
Brahmaagnau Brahmanaa Hutam
Brahmaiva Tena Gantavyam
Brahma Karma Samaadhinaha

Meaning: [This is 24th verse from the 4th chapter of Bhagavad Geetha]
The act of offering is Brahman. The offering itself is Brahman. The offering
is done by Brahman in the sacred fire which is Brahman. He alone attains

Brahman who, in all actions, is fully absorbed in Brahman. (As we chant this prayer we are offering the different types of food to Brahman).

*Aham Vaishvaanaro Bhutva
Praaninaam Dehamaashritha
Praanaapaana Samaa Yuktaha
Pachaamyannam Chatur Vidam*

Meaning: [This is 14th verse from the 15th chapter of Bhagavad Geetha]
This *sloka* is a sort of acknowledgement and assurance to us from Brahman. "I am Vaishnavara, existing as fire God in the bodies of living beings. Being associated with ingoing (*prana*) and outgoing (*apaana*) life breaths, I will digest all the four different types of food (that which we bite and chew; that which we masticate with the tongue; those which we gulp; that which we swallow) and purify them."

ASATHOMA PRAYER

*Asatho Maa Sad Gamaya
Thamaso Maa Jyothir Gamaya
Mrithyor Maa Amritham Gamaya*

Meaning: Lead me from untruth to truth;
Lead me from darkness to light;
Lead me from death to immortality.

PEACE PRAYER

[Repeated three times]

Loka samastha sukhino bhavantu

May the whole world be peaceful and happy

श्री सत्य साई सुप्रभातम्

ईश्वराम्बा सुत श्रीमन पूर्वा सन्ध्या प्रवर्तते
उत्तिष्ठ सत्यसयीशा कर्थव्यम् दैवम् आन्हिकम्
उत्तिष्ठोत्तिष्ठ पर्तीशा उत्तिष्ठ जगधीपते
उत्तिष्ठ करुणपूर्णा लोक मण्गल सिद्धये
चित्रावति तट विशाल सुशान्त सौधे
तिष्ठन्ति सेवक जनाः तव दर्शनार्थम्
आदित्य कान्तिरनुभाति समस्त लोकान्
श्री सत्य साई भगवन् तव सुप्रभातम्
त्वन्नाम कीर्तन रताः तव दिव्य नाम
गायन्ति भक्ति रसपान प्रहृष्ट चित्ताः
दातुम् कृपासहित दर्शनमाशुतेभ्यः
श्री सत्य साई भगवन् तव सुप्रभातम्
आदाय दिव्य कुसुमानि मनोहराणि
श्रीपाद पूजन विधिम् भवदन्धि मूले
कर्तुम् महोत्सुकतया प्रविशन्ति भक्ताः
श्री सत्य साई भगवन् तव सुप्रभातम्

देशान्धर आगथबुधाः तव दिव्य मूर्तिम्
सन्धर्शनाभिरथि सम्युत चित्त ब्रुत्याः
वेदोक्त मंत्र पठनेन लसन्त्यजस्रम्
श्री सत्य साई भगवन् तव सुप्रभातम्
श्रुत्वा तवाद्भुत चरित्रम् अखण्ड कीर्तिम्
व्याप्तम् दिगन्तर विशाल धरातलेस्मिन्
जिज्ञासु लोकौपथिश्रुतथि छास्रमेस्मिन्
श्री सत्य साई भगवन् तव सुप्रभातम्
सीत सती सम विशुद्ध हिदम्बु जाताः
बहंगणाः कर गृहीत सुपुष्प हाराः
स्तुन्वन्ति दिव्यानुतिभिः फनि भुषणम् त्वाम्
श्री सत्य साई भगवन् तव सुप्रभातम्
सुप्रभातम् इदम् पुन्यम् ये पठन्ति दिने दिने
ते विशन्ति परम् धाम ज्ञान विज्ञान शोभिताः
मंगलम् गुरुदेवाय मंगलम् ज्ञान दायिने
मंगलम् पर्ती वासाय मंगलम् सत्य सायिने

त्रिकाल प्रर्थन - प्रातः काल

कराग्रे वसते लक्ष्मी कर मध्ये सरस्वति
कर मूले स्थित गौरि प्रभाते कर दर्शनम्

त्रिकाल प्रर्थन - शयन काल

करचरण कृतमवाक कायजम कर्मजमवा
श्रवन नयनजम वा मानसम वा आपरधम
विहितम अविहितम् वा सर्वमेतत क्षमस्वा
जय जय करुणाब्धे श्री महदेव शम्भो

गायत्रि मंत्र

ॐ भूर्भुवः स्वः

तत्सवितुर्वरेण्यं भर्गो देवस्य धीमहि धियो यो नः प्रचोदयात् ।

सर्वधर्म प्रर्थना

राम हरे साई कृष्णा हरे सर्व धर्म प्रिय साई हरे
अल्लह ईश्वर साई हरे (गुरु) ननक एसू बुद्ध हरे
जोहराष्ट्र महविर साई हरे (साई) सवधर्म प्रिय साई हरे

ॐ तत् सत् श्री नारयण तू पूरुशोत्तम गुरु तू
सिद्ध बुद्ध तू स्कन्द विनायक सविता पावक तू
ब्रह्म मज्द तू यह शक्ति तू एशु पिता प्रभु तू
रुद्र विष्णु तू रामकृष्ण तू रहीम ताओ तू
वसुदेव गो विश्वरूप तू चिदानन्द हरि तू
अद्वितीय तू अकाल निर्भय आत्मलिंग शिव तू

आरति

ॐ जय जगधीश हरे स्वमि सत्य साई हरे

भक्त जन संरक्षक भक्त जन संरक्षक पती महेश्वरा

ॐ जय जगधीश हरे

शशि वदना श्रीकरा सर्वा प्राण पते स्वमि सर्वा प्राण पते

आश्रित कल्पलतीक आश्रित कल्पलतीक आपदबान्धवा

ॐ जय जगधीश हरे

मात पिता गुरु दैवमु मरि अन्तयु नीवे स्वमि मरि अन्तयु नीवे

नाद ब्रह्म जगन्नाथा नाद ब्रह्म जगन्नाथा नागेन्द्र शयना

ॐ जय जगधीश हरे

ॐकार रूप ओजस्वि साई महादेव साई महादेव

मंगल आरति अन्दुको मंगल आरति अन्दुको मन्दर गिरिधरी

ॐ जय जगधीश हरे

नारयण नारयण ॐ सत्य नारयण नारयण नारयण ॐ

नारयण नारयण ॐ सत्य नारयण नारयण ॐ सत्य नारयण नारयण ॐ

ॐ जै सद् गुरु देवा

विभूति मंत्र

परमं पवित्रं बाबा विभूतिं परमं विचित्रं लीला विभूतिं ।
परमार्थ इष्टार्थ मोक्ष प्रदानं बाबा विभूतिं इदं आश्रयामि ॥
ॐ शांतिः शांतिः शांतिः ॥

ब्रह्मार्पण मंत्र

ब्रह्मार्पणं ब्रह्महविर्ब्रह्माग्नौ ब्रह्मणा हुतम् ।
ब्रह्मैव तेन गन्तव्यं ब्रह्मकर्म समिधना ॥ (भगवद् गीत ४-२४)
अहं वैश्वानरो भूत्वा प्रणिनां देहमाश्रितः ।
प्राणापनसमायुक्तः पचाम्यन्नं चतुर्विधम् ॥ (भगवद् गीत १५-१४)
ॐ शांतिः शांतिः शांतिः ॥

शान्ति मंत्र

ॐ असतो मा सद्गमय । तमसो मा ज्योतिर्गमय । मृत्योर्मा अमृतं गमय ॥
ॐ शांतिः शांतिः शांतिः ॥
लोक समस्ताः सुखिनो भवन्तु । लोक समस्ताः सुखिनो भवन्तु ।
लोक समस्ताः सुखिनो भवन्तु ॥
ॐ शांतिः शांतिः शांतिः ॥